

PRIVATE PRACTICE REGISTERED DIETITIAN NUTRITIONISTS IN OHIO

Note regarding insurance payments:

Even if the RD is a preferred provider, coverage varies with each plan and diagnosis. You will need to verify coverage prior to your visit. Billing procedure codes most often used for Medical Nutrition Therapy include 97802, 97803, & 97804.

Medicare coverage for nutrition services billed by the RD currently covers only Diabetes and Chronic Kidney disease.

43040 MARYSVILLE

Union County

Amy Keller, MS, RDN, LD

19831 Parrott Blvd
Marysville, OH 43040

Phone: 614-749-7122

Fax: n/a

Email: amy.kellersrdd@gmail.com

Website: n/a

Twitter: glutenfreeRDAmey

Facebook: n/a

Business Description: I am a dietitian who specializes in counseling those with Celiac disease and non-celiac gluten sensitivity. I also counsel patients with Irritable Bowel Syndrome and have experience with FODMAPS. I prefer to see patients on weekends and can meet with you in Marysville or Columbus. Additionally, I am an experienced speaker in the areas of weight management, sports nutrition, Celiac disease, and can easily tailor presentations of any nutrition-related topic to your group's needs.

Business Days/Hours: Sat & Sun only. Hours by appointment only.

Service Types:

Individual consultation: in-office

Group consultation

Programs/workshops

Payment forms accepted: cash, check

Populations Served: adolescents, adults, senior adults

Expertise Areas: digestive disorders, gluten intolerance/Celiac Disease

43214 COLUMBUS

Franklin County

Nutrition Results

Michal Hogan, RD, LD

Easton Town Center
Easton Executive Suites
4200 Regent Street, Suite 200
Columbus, Ohio 43219

Phone: [\(614\) 944-5123](tel:6149445123)

Fax: (614) 987-8520

Email: Nutritionresults@aol.com

Business Description: LEAP Therapist: IBS, Crohn's/Colitis, Fibromyalgia/Fatigue, Migraine, Eczema and other conditions related to inflammation where diet plays a role.

Business day/hours: Monday – Friday 9 a.m. to 5 p.m. Appointments highly recommended.

Service Types: Individual consultation: in-office/phone consultation
Corporate Wellness

Payment forms accepted: Most major insurances, cash, credit

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas:

Digestive Disorders

Rheumatoid/Fibromyalgia

Migraine

Fertility

Hyperlipidemia

Review of micronutrient/supplement needs

43221 COLUMBUS

McSheffery Nutrition

Barbara McSheffery, MS,RD,LD

2720 Tremont Rd.

Columbus, OH 43221

Franklin County

Phone: 614-481-8465

Email: bmcsheff@aol.com

Business Description: I offer current, common sense, science based, individualized nutritional guidance to manage weight, diabetes, high blood pressure, cholesterol, inflammation, the aging process and to promote wellness. .

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation: in-office, in-home visits

Group consultation

Programs/workshops

Payment forms accepted: cash, check, insurance

Populations Served: adults, senior adults

Expertise Areas: diabetes (pre-diabetes, type 1 & 2, gestational), general nutrition/wellness/healthy eating, gerontology nutrition, heart health (high blood pressure, cholesterol, triglycerides), weight management.

43230 GAHANNA

One Bite Wellness

Adrienne Raimo

Various locations

Franklin County

Phone: 614-596-7795

Email: onebitewellness@gmail.com

Website: onebitewellness@gmail.com

Business Description: We have registered dietitians and health coaches on staff.

Business Days/Hours: Monday through Saturday; Daytime and Evening hours.

Service Types:

Individual consultation

Group consultation

Programs/workshops

Payment forms accepted: cash, check, credit card, some HSA/FSA cards

Populations Served: adolescents, adults

Expertise Areas: overweight/obesity, diabetes, digestive disorders, eating disorders and challenges, food allergies/food intolerance, genetic testing, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, cardiovascular health, neurology, ultimate health, women's/men's health, plant-based/vegetarian/vegan nutrition, weight management

44121 SOUTH EUCLID

Cuyahoga County

Nutrition Services

Tanya Sussman, MS, RD, LD

1611 S. Green Road, #202

South Euclid, OH 44121

Phone: 216-381-4541

Fax: 216-381-2430

Email: tsussman@ushchealth.com

Website: www.weighless4life.com

Business Description: Professional dietetic practice promoting and encouraging healthy lifestyle practices through medical nutrition counseling and education.

Business Days/Hours: M, T, W & Th Daytime hours.

Service Types:

Individual consultation: in-office

Group consultation

Programs/Workshops

Businesses: food labeling, nutrient analysis/recipe analysis, product/recipe/menu development

Payment forms accepted: cash, check, credit card, Health Spending Account card, Insurance, Medicare Provider

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, childhood overweight/obesity, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, maternal nutrition/lactation, pediatric nutrition, PCOS, vegetarian/vegan nutrition, weight management.

44122 BEACHWOOD

Cuyahoga County

Nutrition Reality LLC

Jane Korsberg, MS, RDN, LD, FAND

3690 Orange Place, Suite 230

Beachwood, OH 44122

Phone: 440-349-3873

Fax: 855-430-9528

Email: nutritionrealityllc@gmail.com

Facebook:

<https://www.facebook.com/NutritionRealityLLC>

Business Description: Promoting Wellness & Disease Prevention. Safe, effective, reliable nutrition guidance using evidence based science. Realistic diet design specific to your lifestyle and personal goals. Passionate about helping people achieve and maintain good health through nutrition. I help you make small changes to obtain BIG rewards for a lifetime ... always stressing the positive!

Business Days/Hours: Monday through Saturday. Hours by appointment only.

Service Types:

Individual consultation: in-office

Group consultation

Programs/Workshops

Businesses: author, food labeling, marketing/public relations, nutrient analysis/recipe analysis

New! Customized or generic forms for MNT Physician Referrals and MNT Superbill (using ICD 10 codes)

Payment forms accepted: cash, check, credit card, *PayPal*, Insurance, and Medicare Provider

Populations Served: children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, childhood overweight/obesity, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), PCOS, Sports Nutrition, vegetarian/vegan nutrition, weight management.

44136 STRONGSVILLE

Cuyahoga County

Karen Stanfar, MPH,RDN,LD
11925 Pearl Road
Strongsville, OH 44136

Phone: 440-238-4441
Fax: 440-374-7178
Email: kstanfar@healthrrs.com
Website: HealthRRS.com

Business Description: Local provision of educational and consultative nutrition services to both individuals and organizations. Aims to identify and clearly define behavioral, educational, or systematic issues and to work with clients to create effective interventions.

Business Days/Hours: Monday 9-4
Tuesday 9-4
Wednesday 9-8
Thursday 9-4
Friday 9-4
Saturday 9-2

Service Types: Individuals, Families, Workshops, Corporate Health, Healthcare Facilities
Payment forms accepted: Health Insurance Plans, Health Spending Accounts, and Credit Cards
Populations Served: all ages
Expertise Areas: General Practice

44223 CUYAHOGA FALLS

Summit County

Nancy Dame, MS,RD,LD
2716 Marcia Blvd.
Cuyahoga Falls, OH 44223

Phone: 330-338-6150
Fax: 330-920-6485
Email: nancydamerd@yahoo.com

Business Description: Nutrition Education
Business Days/Hours: M – Sat. Daytime, evening, Hours by appointment only.
Service Types:

Individual consultation: in-home visits
Group consultation,
Programs/workshops,
Spokesperson

Payment forms accepted: cash, check, Insurance, Medicare Provider
Populations Served: adults, senior adults
Expertise Areas: behavioral nutrition, cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, metabolic measurements, PCOS, weight management.

44273 SEVILLE**Medina County**

The Wellness Workshop
Robin Waltenberger, MS, RD, LD, NCC, LPC
 105 Center St.
 Seville, OH 44273

Phone: 330-769-5696
Fax: 330-948-5538
Email: rwaltenberger@gmail.com

Business Description: The Wellness Workshop develops and presents fun classes that make good health and great relationships possible. Led by a registered dietitian and licensed counselor, class topics include diabetes, gluten-free living, hormonal influences on mood, how to avoid disappointment in relationships, parenting challenges, and adjusting to getting older. Other topics are available upon request. Presentations are casual, friendly, and perfect for community groups and businesses. *A unique feature is Wellness Workshop Home Parties*—learning and growing in a cozy atmosphere among friends. The Wellness Workshop enables clients to live and play well with others.

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation: in-home visits (also for families or groups)
 Group consultation (Community, Worksites, Schools)
 Programs/workshops (Community, Worksites, Schools)

Payment forms accepted: cash, check

Populations Served: adolescents, adults/parents/caretakers, senior adults

Expertise Areas: Alternative Nutrition, behavioral nutrition in children, diabetes (pre-diabetes, type 2), digestive disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), metabolic measurements, PCOS, weight management. Also: autoimmune syndromes such as Fibromyalgia & Arthritis, Nutrigenomics – meal planning to support individual genetic needs, Family dynamics in the kitchen and at the table.

44333 AKRON**Summit County**

Becky Dorner & Associates, Inc.
Becky Dorner, RD, LD
 3526 Ridgewood Road
 Akron, OH 44333

Phone: 800-342-0285
Email: info@beckydorner.com
Website: www.beckydorner.com
Twitter: @beckydorner
Facebook: Search Becky Dorner & Associates

Business Description: Your Premier Senior Nutrition Resource Consulting Services

We'd like to be part of your team! Becky Dorner & Associates Consulting has been a trusted and valued provider for almost 30 years. Our dedicated team of highly skilled and caring RDs and DTRs provide the best nutrition care for health care facilities in Ohio, SW Pennsylvania and SE Michigan. Our extensive knowledge and qualifications in clinical nutrition, dining services, food service management, and cost control consulting can help improve quality, increase customer satisfaction, improve nutrition outcomes, and control food service costs!

Becky Dorner & Associates Consulting team of professionals is dedicated to providing innovative high-quality food, nutrition, and health care services. Our staff becomes a part of your team. Becky Dorner &

Associates Consulting registered and licensed professionals combine clinical knowledge and food service experience with advanced training in nutrition, education and business to help you provide the best possible nutrition care to your residents/patients/clients.

Resources - Our mission is to inspire excellence in nutrition care for older adults through information, education and resources. Our extensive library provides health care professionals with current news, continuing professional education programs, publications, menus, and more!

Business Days/Hours: Hours by appointment only.

Service Types:

Businesses: author, product/recipe/menu development, school lunch program/menus, spokesperson, sanitation/quality control, consulting to nursing homes, hospitals, assisted living facilities, group homes, food services.

Payment forms accepted: cash, check, credit card

Populations Served: adults, senior adults

Expertise Areas: cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), home health care, kidney disorders, immune disorders/HIV/AIDS, vegetarian/vegan nutrition, weight management.

44720 NORTH CANTON

Stark County

Correctional Nutrition Consultants, Ltd.
Barbara Wakeen, MA, RD, LD, CCFP, CCHP
2285 Mt Pleasant St. NW
North Canton, OH 44720

Phone: 330-499-1715 or 330-284-2269

Fax: 330-497-2531

Email: bwakeen@neo.rr.com

Website: www.cnconsult.com

Business Description: With more than 22 years of correctional experience as a consultant, corporate dietitian and district manager, CNC specializes in the provision of foodservice and nutritional consultation to jails and prisons, contract management companies, food processors/manufacturers and food distributors across the US and also provides expert witness services. This includes menu writing, nutritional analysis, approvals, writing bid specifications and contract monitoring.

Non-corrections offerings include menu planning, nutritional analysis for menus and recipes, nutrition/allergen labeling, diet counseling and food safety training along with working with food processors, manufacturers and distributors.

Business Days/Hours: Mon – Friday; weekends by appointment. Daytime or evening hours.

Service Types:

Individual consultation, in office and in-home visits

Group consultation (community, worksites, schools)

Programs/Workshops (community, worksites, schools)

Businesses: Corrections, food safety, author, food labeling, nutrient analysis/recipe analysis, product/recipe/menu development, retail foodservice/foodservice management, school lunch program/menus, spokesperson, sanitation/quality control

Payment forms accepted: cash, check

Populations Served: adolescents, adults, senior adults

Expertise Areas: Correctional food and nutrition, culinary arts, diabetes (pre-diabetes, type 1 & 2, gestational), food allergies/food intolerance, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), weight management.

45157 CINCINNATI

Hamilton County

Nutrition Access LLC
Cindy Cassell PhD, RD, LD
Business Address 1: 2793 Observatory
Cincinnati, OH 45157
Business Address 2: 2652 SR 132
Cincinnati, OH 45157

Phone: 513-310-7963
Fax: 513-553-6942
Email: Cassellcindy@yahoo.com
Website: www.nutritionaccess.org
Twitter: @cindycassell
Facebook: CindyCassell

Business Description: Nutrition Access LLC is private practice nutrition services business providing medical nutrition therapy to individuals, corporate wellness programming to businesses and clinical nutrition services to institutions. Cindy's specialties are weight management, sports nutrition, disordered eating, gluten sensitivities and cancer to name a few. Cindy's research background is in weight management with children and families but has a special interest and significant clinical experience with individuals seeking to improve their health or performance by maximizing nutritional aspects of training.

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation: in-office and in-home visits (servicing Clermont, Hamilton, Butler and Warren Counties)
Group consultation
Programs/Workshops
Businesses
Tele-service and internet meetings

Payment forms accepted: cash, check

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, cancer/oncology, childhood overweight/obesity, digestive disorders, eating disorders, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), metabolic measurements, pediatric nutrition, PCOS, sports nutrition, vegetarian/vegan nutrition, weight management

45212 CINCINNATI

Hamilton County

Ekvall Self Study and Private Practice
Shirley Ekvall, PhD, RD, LD & Valli Ekvall PhD,
RD, LD
549 Tohatchi Dr.
Cincinnati, OH 45212

Phone: 513-522-1403
Email: shirley.ekvall@uc.edu, ekvallr@aol.com,
or valli.eek@juno .com

Business Description: 35 CPEU's (or may separate into three sections: 10 -15-10), ADA approved self study (all multiple-choice questions) with six case studies, to 2015 (\$89.50 with s&h) to go with *Pediatric Nutrition in Chronic Diseases & Developmental Disorders* (book at med lib, from me, or Oxford Univ Press). Standards are included up to age 90. Also have a private practice for all ages.

Business Days/Hours: M –Thurs. Daytime, evening hours. Hours by appointment only.

Service Types:

Individual consultation: in-office and in-home visits
Group consultation
Programs/Workshops
Businesses: author, product/recipe/menu development, school lunch program/menus, spokesperson, sanitation/quality control.

Payment forms accepted: cash, check, insurance, Medicare provider

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, cancer/oncology nutrition, childhood overweight/obesity, culinary arts, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, general nutrition/wellness/healthy eating, gerontology, gluten intolerance/Celiac Disease, heart health (high blood pressure, cholesterol, triglycerides), home health care, kidney disorders, maternal nutrition/lactation, metabolic measurements, nutrition for immune disorders/HIV/AIDS, pediatric nutrition, PCOS, sports nutrition, vegetarian/vegan nutrition, weight management.

45213 CINCINNATI

Hamilton County

Sound Bites Nutrition, LLC
Lisa Andrews, Med, RD, LD
11145 Lushek Dr.
Cincinnati, OH 45241

Phone: 513-675-6780
Email: nutrigirl@zoomtown.com
Website: www.soundbitesnutrition.com

Business Description: Consultant RD with clinical, community and university experience since 1990. I counsel individuals and groups on healthier eating, develop and present corporate or community lunch and learns, work health fairs and provide cooking demos.

Business Days/Hours: Monday - Friday 8 a.m. – 5:00 pm by appointment

Service Types:

Individual consultation: in-office
Group consultation
Programs/Workshops
Businesses: spokesperson

Payment forms accepted: cash, check, credit card, *PayPal*

Populations Served: adults, senior adults

Expertise Areas: cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, food allergy/food intolerance, general nutrition/wellness/healthy eating, gluten intolerance/Celiac Disease, heart health (high blood pressure, cholesterol, triglycerides), PCOS, vegetarian/vegan nutrition, weight management.

Specialties: PCOS, grocery tours, corporate lectures, biometric screenings, health fairs, nutrition lectures

45242 CINCINNATI

Hamilton County

Soma Wellness, LLC
Jane Snyder, RD, LD
Business Address: 9030 Montgomery Rd
Cincinnati, OH 45242

Phone: 513-505-6800
Fax: 513-297-9429
Email: jane@somawellnessohio.com
Website: www.somawellnessohio.com

Business Description: Specializing in Medical Nutrition Therapy for kidney disease and diabetes. Medicare and commercial insurances accepted. Massage Therapy for general population. Specializing in Arizona style Hot Stone massage, a therapeutic deep tissue massage using stones.

Business Days/Hours: Daytime, evening hours by appointment only.

Service Types:

Individual consultation: in-office
Group consultation

Payment forms accepted: cash, check, credit card, health spending account card, insurance, Medicare provider

Populations Served: adults, senior adults

Expertise Areas: cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, vegetarian/vegan nutrition.

45242 CINCINNATI

Hamilton County

KidsRD.com in cooperation with Soma Wellness, LLC
Patricia J. Becker MS RD CSP CNSC
Board certified specialist in pediatric nutrition & nutrition support
9030 Montgomery Rd
Cincinnati, OH 45242

Phone: 513-505-6800
Fax: 513-297-9429
Email: pbecker@KidsRD.com
Website: www.KidsRD.com
and www.somawellnessohio.com

Business Description: Specializing in pediatric nutrition – food allergies / anorexia nervosa / picky and restrictive eaters / wellness and nutrition for children and sports / healthy weight / gastrointestinal disorders and more

Business Days/Hours: Daytime, weekend and evening hours by appointment only.

Service Types: Individual consultation: in-office, in-home and Group consultation

Payment forms accepted: cash, check, credit card, health spending account card, Medicare and commercial insurances accepted.

45459 CENTERVILLE

Montgomery County

Monica A. Cengia, MS Ed, RD, LD, CDE
7707 Paragon Rd, suite 105
Centerville, OH 45459

Phone: 937-436-1985
Fax: 937-436-8085

Business Description: Private practice offering personalized, confidential, nutrition counseling – the first line of treatment and prevention of many medical problems. An individualized plan identifies your goals and the lifestyle changes needed to reach them.

Business Days/Hours: M -Sat. Daytime, evening hours. Hours by appointment only.

Service Types:

Individual consultation: in-office
Group consultation Programs/Workshops
Businesses: Marketing/Public Relations

Payment forms accepted: cash, check

Populations Served: adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, general nutrition/wellness/healthy eating, gerontology, gluten intolerance/Celiac Disease, heart health (high blood pressure, cholesterol, triglycerides), PCOS, sports nutrition, vegetarian/vegan nutrition, weight management. Also: Metabolic disorders (hypoglycemia), inflammatory disorders, and orthopedic nutrition.

45502 SPRINGFIELD

Clark County

Healthy Hearts Nutrition, LLC
Leslie Edmunds, MPH, RDN, CDE, CLT
14 East Main Street, Suite 214
Springfield, OH 45502

Phone: 937-206-1131
Fax: 937-917-8048
Email: Leslie@heathyheartsnutrition.com
Website: www.healthyheartsnutrition.com

Business Description: A private practice dedicated to helping her clients eat mindfully and enjoy wholesome (tasty) food. Food sensitivity, micronutrient, and metabolic testing offered. Specializing in Medical Nutrition Therapy for weight management, diabetes, hypertension, lipid disorders, digestive disorders, migraines, fibromyalgia, and more. She also offers sports nutrition consultations.

Business Days/Hours: Tuesday, Wednesdays, and Thursdays 8:00 am – 5:00 pm

Service Types:

- Individual consultation
- Family consultation

Payment forms accepted: cash, check, credit card

Insurance Accepted: Anthem, United Healthcare, Medicare, Medical Mutual. Many other insurance companies have out-of-network coverage.

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: childhood overweight/obesity, diabetes, wellness, mindful eating, heart health (high blood pressure, cholesterol, triglycerides), metabolic measurements, PCOS (polycystic ovary syndrome), fertility, pregnancy, sports nutrition, fibromyalgia, migraines, digestive disorders (IBS, Celiac, Crohn's, UC), food sensitivity testing, micronutrient testing.